Utilize this work aid to ensure that all requirements are met when utilizing mechanical restraints.

**Advanced authorization for the use of mechanical restraints**

- ☐ Assess the situation, are mechanical restraints necessary?
- ☐ Get permission from immediate supervisor, or designee, to use mechanical restraints
- ☐ A youth should be in restraints only to the degree required and minimum amount of time necessary

**Who can be restrained: justification for the use of mechanical restraint—one or more should apply**

- ☐ New delinquent youth in custody awaiting placement
- ☐ Youth poses a runaway risk and/or is threatening to run away.
- ☐ There is a documented history of running away
- ☐ There is a documented history of running away

**Monitoring during the period of restraint**

- ☐ The youth will be monitored visually and verbally every 15 minutes to be sure harmful health or psychological reactions are not occurring
- ☐ Use of restraints for more than 30 minutes, approval of Team Coordinator or designee is required. Restraints should be discontinued as soon as possible
- ☐ Adjust restraints if youth is verbalizing problems with circulation or undue discomfort

**Reporting—Documentation**

- ☐ Complete an incident report in TFACTS, entering all required fields, refer to DCS Policy 1.4, Incident Reporting.

- ☐ The incident report narrative must contain documentation of the following:
  - Reason restraints were used and that permission was granted.
  - That the youth was monitored every 15 minutes.
  - That permission was granted for the youth to remain in restraints for longer than 30 minutes by whom and the reason.
  - The youth’s need for food, water and use of bathroom facilities was provided as applicable.
  - That the parent/legal guardian was advised that mechanical restraints were used with their child.
  - Were there any injuries, if yes document the details of what happened and why.
  - Was medical treatment necessary, if yes, document the details.