

## REQUIRED IN-SERVICE TRAINING CHART FOSTER PARENTS

<b>Foster Parents</b>		
<b>First Year (15 hours)</b>		
Working with the Education System (CBT)	<b>Required</b>	2 hours
Creating Normalcy through Prudent Parenting	<b>Required</b>	3 hours
What to Know About Child Exploitation and Human Trafficking	<b>Required</b>	2 hours
Preserving Kinship Families (Formerly Family Role Conflict/Dynamics) <b>Kinship Only-Relationship by Blood, Marriage, or Adoption</b>	<b>Required</b>	3 Hours
Parents must complete <b>a minimum of 1</b> trauma related training before the end of their first year of fostering: <ul style="list-style-type: none"> <li>• Building Strong Brains</li> <li>• Caring for the Children Who Have Experienced Trauma (RPC)</li> <li>• TIPS-Trauma Informed Parenting Strategies</li> <li>• Suicide Prevention-QPR</li> <li>• TBRI (Empowered to Connect)</li> <li>• Core for Teens</li> <li>• Youth Mental Health First Aid</li> <li>• Caring for the Child with Sexual Trauma</li> <li>• Adoption and Guardianship Preparation Training (DCS Parents Only-Parents must meet the pre-requisite requirements in <b>Policy 16.9 A.i.</b>)</li> <li>• Therapeutic agencies may submit curriculum substitutions to OTPD for review and approval</li> <li>• Approved conference courses</li> </ul>	<b>Required</b>	Varies
<b><i>Foster Parents can choose from the following courses to meet the remaining 15 hour training requirement:</i></b>		
Approved Computer Based Training <a href="https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html">https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html</a>		4 Hours
Adoption and Guardianship Preparation Training (DCS Only and parents must meet the pre-requisite requirements.)		8 Hours
Bill of Rights		2 Hours
Building Strong Brains		.5 to 3 Hours
Caring for Children Who Have Experienced Trauma (RPC)		16 Hours
Caring for the Child with Sexual Trauma		3 Hours
Child Development (CBT)		1 Hour
Child Passenger Safety (CBT)		3 Hours
Core for Teens		18 Hours
Creating Teachable Moments		3 Hours
Cultural Awareness		2 Hours
Culture Course (CBT)		1 Hour

First Year (15 hours cont.)	
De-Escalation Techniques (CBT)	3 Hours
Empowered to Connect Training (TBRI)	11 Hours
Fostering from the Single Parent Perspective	3 Hours
Helping Children Make Transitions	3 Hours
Impact of Fostering on Birth Children	3 Hours
KEEP	24 Hours
Kinship to Traditional Foster Care (CBT)	3 Hours
Loving and Letting Go	3 Hours
NAS or NAS and Safe Sleep	1 to 3 Hours
Post Approval Panel	2 Hours
Social Media and Cyber Safety	2 Hours
Suicide Prevention (Questioning Persuade & Refer)	2 Hours
T.I.P.S. (Trauma Informed Parenting Strategies)	6 Hours
Working with Birth Parents and Visitation	3 Hours
Your Money Your Goals	3.5 Hours
Youth Mental Health & First Aid	8 Hours
Courses Offered at the DCS Annual Foster Parent Conference	4 Hours
Second Year (15 hours)	
CPR & First Aid Refresher	<b>Required</b> 4 hours
Medication Administration Refresher (Classroom or Live Webinar)	<b>Required</b> 2 hours
<b><i>Foster Parents can choose from the following courses to meet the remaining 15 hour training requirement</i></b>	
Approved Computer Based Training <a href="https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html">https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html</a>	4 Hours
Adoption and Guardianship Preparation Training (DCS Only and parents must meet the pre-requisite requirements.)	8 Hours
Bill of Rights	2 Hours
Building Strong Brains	.5 to 3 Hours
Caring for Children Who Have Experienced Trauma (RPC)	16 Hours
Caring for the Child with Sexual Trauma (Formerly known as Parenting the Sexually Abused Child)	3 Hours
Child Development (CBT)	1 Hour
Child Passenger Safety (CBT)	3 Hours
Core for Teens	18 Hours
Creating Teachable Moments	3 Hours
Cultural Awareness	2 Hours
Culture Course (CBT)	1 Hour
De-Escalation Techniques (CBT)	3 Hours
Empowered to Connect Training (TBRI)	11 Hours

<b>Second Year (15 hours cont.)</b>	
Fostering from the Single Parent Perspective	3 Hours
Helping Children Make Transitions	3 Hours
Impact of Fostering on Birth Children	3 Hours
KEEP	24 Hours
KEEP Booster	12 Hours
Kinship to Traditional Foster Care (CBT)	3 Hours
Loving and Letting Go	3 Hours
NAS or NAS and Safe Sleep	1 to 3 Hours
Post Approval Panel	2 Hours
Social Media and Cyber Safety	2 Hours
Suicide Prevention (Questioning Persuade & Refer)	2 Hours
T.I.P.S. (Trauma Informed Parenting Strategies)	6 Hours
Working with Birth Parents and Visitation	3 Hours
Your Money Your Goals	3.5 Hours
Youth Mental Health & First Aid	8 Hours
Courses Offered at the DCS Annual Foster Parent Conference	4 Hours
Mentoring Training	2 Hours
<b>Third Year &amp; Thereafter (15 hours)</b>	
Approved Computer Based Training <a href="https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html">https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html</a>	7 Hours
CPR & First Aid Refresher (Fourth year and every other year thereafter)	4 Hours
Elective Training	15 Hours (odd years) 9 Hours (even years)
KEEP (Initial Training)	24 Hours
KEEP Booster (For KEEP Certified Foster Parents: Required one year following KEEP graduation and every other year thereafter)	12 Hours
Medication Administration Refresher (Fourth year and every other year thereafter)	2 Hours
Mentoring Training	2 Hours
<b>Parenting the Justice Involved Youth(Formerly Parenting the Youthful Offender)</b>	
Parenting the Justice Involved Youth (CBT prior to placement)	3 Hours!
T.I.P.S. -Trauma Informed Parenting Strategies (Classroom-Within 90 days of placement)	6 Hours
<b><i>Foster Parents can choose courses from the 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> Year charts to meet the 15 hour training requirement according to their current year of fostering.</i></b>	

## Elective Training Information for all Foster Parents

Approved Elective Options	Type of Training	Maximum Annual Hours
Roll-Over Hours Foster parents are allowed to roll-over 10 hours of additional training up to one year	Any type	10 Hours
DCS Online Courses or Foster Parent College <a href="https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html">https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html</a>	Online	7 hours
Annual Foster Parent Conference	Classroom/General Sessions	20 hours
Local Foster Care Association Training	Classroom	No maximum
DCS Training Division, Central Office, Independent Living, or Agency Sponsored Training	Classroom/Individual	No maximum
Approved Community Provider Training Requires Completion of Form CS-1000	Classroom/Individual	No Maximum
Books/Videos <a href="https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/media.html">https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/media.html</a> Requires Completion of Form CS-1000 <a href="https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/external-credit.html">https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/external-credit.html</a>	Individual Study	Books-2 Hours Videos-1 Hour

**The Office of Training & Professional Development must approve all other options.**