

REQUIRED IN-SERVICE TRAINING CHART FOSTER PARENTS

Foster Parents		
First Year (15 hours)		
Working with the Education System (CBT)	Required	2 hours
Creating Normalcy through Prudent Parenting	Required	3 hours
What to Know About Child Exploitation and Human Trafficking	Required	2 hours
Preserving Kinship Families (Formerly Family Role Conflict/Dynamics) Kinship Only-Relationship by Blood, Marriage, or Adoption	Required	3 Hours
Parents must complete a minimum of 1 trauma related training before the end of their first year of fostering: <ul style="list-style-type: none"> • Building Strong Brains • Caring for the Children Who Have Experienced Trauma (RPC) • TIPS-Trauma Informed Parenting Strategies • Suicide Prevention-QPR • TBRI (Empowered to Connect) • Core for Teens • Youth Mental Health First Aid • Caring for the Child with Sexual Trauma • Adoption and Guardianship Preparation Training (DCS Parents Only-Parents must meet the pre-requisite requirements in Policy 16.9 A.i.) • Therapeutic agencies may submit curriculum substitutions to OTPD for review and approval • Approved conference courses 	Required	Varies
<i>Foster Parents can choose from the following courses to meet the remaining 15 hour training requirement:</i>		
Approved Computer Based Training https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html		4 Hours
Adoption and Guardianship Preparation Training (DCS Only and parents must meet the pre-requisite requirements.)		8 Hours
Bill of Rights		2 Hours
Building Strong Brains (CBT or Classroom)		.5 to 3 Hours
Caring for Children Who Have Experienced Trauma (RPC)		16 Hours
Caring for the Child with Sexual Trauma		3 Hours
Child Development (CBT)		1 Hour
Child Passenger Safety (CBT)		3 Hours
Core for Teens		18 Hours
Creating Teachable Moments		3 Hours
Cultural Awareness		2 Hours

Culture Course (CBT)		1 Hour
First Year (15 hours cont.)		
De-Escalation Techniques (CBT)		3 Hours
Edison Training for Foster Parents (CBT)		1 Hour
Empowered to Connect Training (TBRI)		11 Hours
Fostering from the Single Parent Perspective		3 Hours
Helping Children Make Transitions		3 Hours
Impact of Fostering on Birth Children		3 Hours
KEEP		24 Hours
Kinship to Traditional Foster Care (CBT)		3 Hours
Loving and Letting Go		3 Hours
NAS or NAS and Safe Sleep		1 to 3 Hours
Post Approval Panel		2 Hours
Self-Care (CBT or Classroom)		1 to 2 Hours
Social Media and Cyber Safety		2 Hours
Suicide Prevention (Questioning Persuade & Refer) CBT or Classroom		2 Hours
TFACTS Training for Foster Parents (CBT)		1 Hour
T.I.P.S. (Trauma Informed Parenting Strategies)		6 Hours
Working with Birth Parents and Visitation		3 Hours
Your Money Your Goals		3.5 Hours
Youth Mental Health & First Aid		8 Hours
Courses Offered at the DCS Annual Foster Parent Conference		4 Hours
Second Year (15 hours)		
CPR & First Aid Refresher	Required	4 hours
Medication Administration Refresher (Classroom or Live Webinar)	Required	2 hours
<i>Foster Parents can choose from the following courses to meet the remaining 15 hour training requirement</i>		
Approved Computer Based Training https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html		4 Hours
Adoption and Guardianship Preparation Training (DCS Only and parents must meet the pre-requisite requirements.)		8 Hours
Bill of Rights		2 Hours
Building Strong Brains (CBT or Classroom)		.5 to 3 Hours
Caring for Children Who Have Experienced Trauma (RPC)		16 Hours
Caring for the Child with Sexual Trauma (Formerly known as Parenting the Sexually Abused Child)		3 Hours
Child Development (CBT)		1 Hour
Child Passenger Safety (CBT)		3 Hours
Core for Teens		18 Hours
Creating Teachable Moments		3 Hours

Cultural Awareness	2 Hours
Culture Course (CBT)	1 Hour
Second Year (15 hours cont.)	
De-Escalation Techniques (CBT)	3 Hours
Edison Training for Foster Parents (CBT)	1 Hour
Empowered to Connect Training (TBRI)	11 Hours
Fostering from the Single Parent Perspective	3 Hours
Helping Children Make Transitions	3 Hours
Impact of Fostering on Birth Children	3 Hours
KEEP	24 Hours
KEEP Booster	12 Hours
Kinship to Traditional Foster Care (CBT)	3 Hours
Loving and Letting Go	3 Hours
Mentoring Training	2 Hours
NAS or NAS and Safe Sleep	1 to 3 Hours
Post Approval Panel	2 Hours
Self-Care (CBT or Classroom)	1 to 2 Hours
Social Media and Cyber Safety	2 Hours
Suicide Prevention (Questioning Persuade & Refer) CBT or Classroom	2 Hours
TFACTS Training for Foster Parents (CBT)	1 Hour
T.I.P.S. (Trauma Informed Parenting Strategies)	6 Hours
Working with Birth Parents and Visitation	3 Hours
Your Money Your Goals	3.5 Hours
Youth Mental Health & First Aid	8 Hours
Courses Offered at the DCS Annual Foster Parent Conference	4 Hours
Third Year & Thereafter (15 hours)	
Approved Computer Based Training https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html	7 Hours
CPR & First Aid Refresher (Fourth year and every other year thereafter)	4 Hours
Elective Training	15 Hours (odd years) 9 Hours (even years)
KEEP (Initial Training)	24 Hours
KEEP Booster (For KEEP Certified Foster Parents: Required one year following KEEP graduation and every other year thereafter)	12 Hours
Medication Administration Refresher (Fourth year and every other year thereafter)	2 Hours
Mentoring Training	2 Hours

Parenting the Justice Involved Youth(Formerly Parenting the Youthful Offender)	
Parenting the Justice Involved Youth (CBT prior to placement)	3 Hours
T.I.P.S. -Trauma Informed Parenting Strategies (Classroom-Within 90 days of placement)	6 Hours
<i>Foster Parents can choose courses from the 1st, 2nd, or 3rd Year charts to meet the 15 hour training requirement according to their current year of fostering.</i>	

Elective Training Information for all Foster Parents

Approved Elective Options	Type of Training	Maximum Annual Hours
Roll-Over Hours Foster parents are allowed to roll-over 10 hours of additional training up to one year	Any type	10 Hours
DCS Online Courses or Foster Parent College https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html	Online	7 hours
Annual Foster Parent Conference	Classroom/General Sessions	20 hours
Local Foster Care Association Training	Classroom	No maximum
DCS Training Division, Central Office, Independent Living, or Agency Sponsored Training	Classroom/Individual	No maximum
Approved Community Provider Training Requires Completion of Form CS-1000	Classroom/Individual	No Maximum
Books/Videos https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/media.html Requires Completion of Form CS-1000 https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/external-credit.html	Individual Study	Books-2 Hours Videos-1 Hour

The Office of Training & Professional Development must approve all other options.