



Tennessee Department of Children's Services

16.9 ATTACHMENT: REQUIRED TRAINING CHART FOR FOSTER PARENTS

All foster families must complete in-service training annually. Training is completed according to the guidelines below:

- Each foster parent will complete 15 hours of in-service training during their first year of fostering.
- Each therapeutic foster parent must complete an additional 9 hours of training for a total of 24 hours of training during their first year of fostering.
- Each foster **family** will complete a total of 15 hours of in-service training during their second year and thereafter
- Each therapeutic foster **family** will complete a total of 24 hours of in-service training during their second year and thereafter
- Each foster parent will be required to complete CPR/FA and Medication Administration every other year. The **family** will receive a maximum of 2 hours for Medication Refresher, 4 hours for CPR/FA Participation and 8 hours for CPR/FA Certification courses.

Some courses are required of all foster parents, while others are required only of foster parents meeting certain requirements (e.g., kinship parents, caregivers of youth adjudicated delinquent, etc.). **All Foster Parents Must Complete At Least One Approved Trauma-Informed Training During the First Year of Approval.** Approved trauma trainings are identified in the following pages.

Use the following charts to identify trainings that fulfill requirements based on number of years fostering and special requirements based on individual needs of the children and caregivers.

Note that some trainings fulfill multiple requirements. Parents are not required to take these classes more than once unless otherwise noted or instructed by their caseworker.

- **All parents will not receive credit more than once for the same training in a given fiscal year unless prior approval has been granted by the Office of Training and Professional Development.**
- **Foster parents in their second year or more of fostering will not receive duplicate credit for courses completed by other family members in the same fiscal year.**

All other training options must be approved by the Office of Training and Professional Development.



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Included in this document:

1. Required Training for All Foster Parents
2. Trauma Requirement (all parents within the first year of approval)
3. Elective Trainings
4. Additional Training Options
5. Requirements for Therapeutic Foster Care



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CATEGORY	YEAR	COURSE TITLE	DELIVERY	HOURS
REQUIRED	1 ST YEAR	Creating Normalcy through Prudent Parenting	VARIABLES	3
REQUIRED	1 ST YEAR	What to Know about Child Exploitation and Human Trafficking	VARIABLES	2
KINSHIP REQUIRED	1 ST YEAR	Preserving Kinship Families Required only for parents with a biological, adoptive, or other familial relationship with the custodial child(ren).	VARIABLES	3
REQUIRED biennial requirement	2ND YEAR +	Medication Administration Refresher and Safe Sleep Available in classroom or via live webinar. Required of all foster parents during the second year of fostering and every other year thereafter.	VARIABLES	2
REQUIRED biennial requirement	2ND YEAR +	CPR & First Aid Required of all foster parents during the second year of fostering and every other year thereafter. Skills Demonstration must be in-person.	BLENDED	4
SPECIALTY REQUIRED *both trainings*	1 ST YEAR +	Parenting the Justice Involved Youth Required of parents fostering youth adjudicated delinquent. Complete prior to placement.	ONLINE	3
	1 ST YEAR +	Trauma Informed Parenting Strategies (TIPS) Required within 90 days of placement of youth adjudicated delinquent.	VARIABLES	6
SPECIALTY REQUIRED	1 ST YEAR +	Working with Children Who Have Diabetes Required within 24 hours of placement of the diabetic child.	ONLINE	1
SPECIALTY REQUIRED	1 ST YEAR +	Adoption and Guardianship Preparation Available only to and required of DCS parents who meet the pre-requisites outlined in Policy 16.9 A.2,h. Each DCS foster parent will be required to complete this course.	VARIABLES	8



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All parents must complete at least one trauma related training during the first year of fostering. Parents may choose from the following courses to fulfill this requirement, or curriculum may be submitted to the Office of Training and Professional Development for review. Credit for external training will NOT be awarded without the approval of the Office of Training and Professional Development.

CATEGORY	YEAR	COURSE TITLE	DELIVERY	HOURS
SPECIALTY REQUIRED	1 ST YEAR +	Fostering Pregnant or Parenting Youth Required within 30 days of placement for parents fostering pregnant or parenting youth	ONLINE	1
TRAUMA	1 ST YEAR +	Building Strong Brains Available in classroom (.5 to 3 hours) or via live webinar (2 hours).	VARIES	VARIES
TRAUMA	1 ST YEAR +	Caring for Children Who Have Experienced Trauma (Resource Parent Curriculum)	VARIES	16
TRAUMA	1 ST YEAR +	Trauma Informed Parenting Strategies (TIPS)	VARIES	6
TRAUMA	1 ST YEAR +	Suicide Prevention (Question, Persuade, Refer) Available in classroom or via live webinar.	VARIES	2
TRAUMA	1 ST YEAR +	Trust-Based Relational Intervention (TBRI)-Karyn Purvis Institute of Child Development	EXTERNAL	VARIES
TRAUMA	1 ST YEAR +	CORE: Teens	VARIES	15
TRAUMA	1 ST YEAR +	Positive Parenting	VARIES	3
TRAUMA	1 ST YEAR +	Youth Mental Health First Aid	VARIES	8
TRAUMA	1 ST YEAR +	Caring for the Child with Sexual Trauma	VARIES	3
TRAUMA/ ADOPTION	1 ST YEAR +	Adoption and Guardianship Preparation Available only to and required of DCS parents who meet the pre-requisites outlined in Policy 16.9 A, 2,h.	VARIES	8
TRAUMA	1 ST YEAR +	NAMI Basics	EXTERNAL	15
TRAUMA	1 ST YEAR +	Approved conference, community, or provider workshops	VARIES	VARIES
TRAUMA	1 ST YEAR +	See Therapeutic Training chart for additional courses		



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RECOMMENDED FIRST 90 DAYS AFTER APPROVAL

Foster parents are encouraged to complete the following courses within the first 90 days of approval. These courses will count as elective training hours.

CATEGORY	YEAR	COURSE TITLE	DELIVERY	HOURS
DCS	1 ST YEAR +	Approved Now What	VARIES	2
TRAUMA	1 ST YEAR +	The Legal Anatomy of a DCS Case	ONLINE	1.5
DCS	1 ST YEAR +	Connecting the Dots: What Every Foster Parent Should Know about CANS	VARIES	3
DCS	1 ST YEAR +	Working in Edison	VARIES	1
DCS	1 ST YEAR +	Working with the Education System	VARIES	2
SAFETY	1 ST YEAR +	TFACTS Financial Enhancements-Foster Parent Portal Verification	ONLINE	2



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16.9 ATTACHMENT: REQUIRED TRAINING CHART FOR FOSTER PARENTS ELECTIVE TRAINING

Foster parents may choose courses from the list below to meet the remainder of their 15-hour annual training requirement. **Note the year indicated for approval for each training.**

CATEGORY	YEAR	COURSE TITLE	DELIVERY	HOURS
DCS	1 ST YEAR +	Approved Now What (Recommended within the first 90 days of placement)	VARIES	2
TRAUMA	1 ST YEAR +	Building Strong Brains	VARIES	VARIES
TRAUMA	1 ST YEAR +	Caring for the Child with Sexual Trauma	VARIES	3
SAFETY	1 ST YEAR +	Child Passenger Safety	ONLINE	3
DCS	1 ST YEAR +	Connecting the Dots: What Every Foster Parent Should Know about CANS (Recommended within the first 90 days of placement)	VARIES	3
TRAUMA	1 ST YEAR +	CORE: Teens	VARIES	15
FAMILY	1 ST YEAR +	Couples Who Foster	VARIES	2
TEENS	1 ST YEAR +	Creating Teachable Moments	VARIES	3
DISCIPLINE	1 ST YEAR +	De-escalation Techniques	ONLINE	3
DCS	1 ST YEAR +	Edison Training for Foster Parents	ONLINE	1
TRAUMA	1 ST YEAR +	Empowered to Connect: Trust-Based Relational Intervention	VARIES	UP TO 11
TEENS	1 ST YEAR +	Engaging and Parenting Teens 2.0	VARIES	2
FOSTER PARENTS	1 ST YEAR +	Foster Parent Bill of Rights	VARIES	2
TRANSITIONS/ NORMALCY	1 ST YEAR +	Helping Children Make Transitions	VARIES	3
FAMILY/ PARENTING	1 ST YEAR +	Impact of Fostering on Birth Children	VARIES	3
FAMILY/ PARENTING	1 ST YEAR +	Kinship to Traditional Foster Care Kinship parents transitioning to traditional homes only.	ONLINE	3
TRANSITIONS/ NORMALCY	1 ST YEAR +	Lifebook: My Story So Far	CLASSROOM	3



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TRANSITIONS/ NORMALCY	1 ST YEAR +	Loving and Letting Go	VARIES	3
MEDICAL	1 ST YEAR +	NAS or NAS/Safe Sleep 1 to 3 hours	VARIES	VARIES
TEENS	1 ST YEAR +	Parenting LGBTQ+ Youth	VARIES	6
PARENTING	1 ST YEAR +	Parenting Sibling Groups	VARIES	1
PARENTING	1 ST YEAR +	Parent Partnerships Mentoring Birth Parents	ONLINE	1
PARENTING	1 ST YEAR +	Positive Parenting	VARIES	3
TEENS	1 ST YEAR +	Preventing Teen Runaways and Truancy	VARIES	VARIES
PARENTING	1 ST YEAR +	Post-Approval Panel (Recommended within the first 90 days of placement)	VARIES	2
CULTURE	1 ST YEAR +	Poverty Simulation	CLASSROOM	4.5
FOSTER PARENTS	2ND YEAR +	Resource Parent Mentorship Program Presented by Tennessee Community Services Agency	VARIES	2
PARENTING	1 ST YEAR +	Right Time Video Series	ONLINE	1 PER VIDEO
DCS	1 ST YEAR +	Safe Baby Courts	VARIES	2
FOSTER PARENTS	1 ST YEAR +	Self-Care Online: 1 hour; Classroom: 2 hours	VARIES	VARIES
COMMUNITY ISSUES	1 ST YEAR +	Social Media and Cyber Safety	VARIES	2
PREVENTION	1 ST YEAR +	Stewards of Children-Darkness to Light	VARIES	2
TRAUMA	1 ST YEAR +	Suicide Prevention (Question, Persuade, Refer)	VARIES	2
TRAUMA	1 ST YEAR +	Trust-Based Relational Intervention (TBRI)-Karyn Purvis Institute of Child Development	EXTERNAL	VARIES
TRAUMA	1 ST YEAR +	Trauma Informed Parenting Strategies (TIPS)	VARIES	6
DCS	1 ST YEAR +	TFACTS Training for Foster Parents	ONLINE	1
FAMILY/ PARENTING	1 ST YEAR +	Working with Birth Parents and Visitation	VARIES	3



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TEENS	1 ST YEAR +	Your Money, Your Goals	VARIES	3
TRAUMA	1 ST YEAR +	Youth Mental Health First Aid	VARIES	8
ELECTIVE	1 ST YEAR +	Classroom, Live Webinar, or Online courses sponsored or approved by the Office of Training and Professional Development.	VARIES	NO MAX
CULTURE	1 ST YEAR +	Culture trainings approved by the Office of Training and Professional Development (classroom or online)		
ELECTIVE	1 ST YEAR +	Local Foster Care Association Trainings	VARIES	NO MAX
ELECTIVE	1 ST YEAR +	DCS Training, Central Office, Independent Living, or Agency Sponsored Training	VARIES;	NO MAX
ELECTIVE	3 RD YEAR +	Approved Community Provider Training To receive credit for community provider training, parents must complete form CS-1000: https://stateoftennessee.formstack.com/forms/dcs_fp_elective	VARIES; INDIVIDUAL	NO MAX
CONFERENCE WORKSHOPS	1 ST YEAR +	Annual Foster Parent Conference (DCS sponsored) Parents attending the annual foster parent conference can receive up to 20 hours of training credit in both required and elective courses.	VARIES GENERAL SESSIONS;	20 MAX
ELECTIVE	1 ST YEAR +	OTPD Approved Live Webinars: https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/calendars/fp-webinars.html	VIRTUAL	NO MAX



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16.9 ATTACHMENT: REQUIRED TRAINING CHART FOR FOSTER PARENTS ADDITIONAL REQUIREMENTS FOR THERAPEUTIC FOSTER CARE

All therapeutic foster homes are required to receive an additional 9 hours of post-approval therapeutic training annually (24 hours total). The training options listed below fulfill the **therapeutic training requirement**. Agencies can submit curriculum to the Office of Training and Professional Development (OTPD) for review and approval.

CATEGORY	YEAR	COURSE TITLE	DELIVERY	HOURS
THERAPEUTIC	1 ST YEAR +	Therapeutic In-Home Coaching Models	IN-PERSON/VIRTUAL	MAX 15
THERAPEUTIC/TRAUMA	1 ST YEAR +	NTI for CASE	ONLINE	20
THERAPEUTIC	1 ST YEAR +	Therapeutic Online Courses (Submit to OTPD)	ONLINE	15
THERAPEUTIC/TRAUMA	1 ST YEAR +	ARC Reflections: Trauma Training for Foster Parents and Caregivers Annie E. Casey Foundation	CLASSROOM/VIRTUAL	18
THERAPEUTIC/TRAUMA	1 ST YEAR +	Caring for Children Who Have Experienced Trauma (RPC)	CLASSROOM/VIRTUAL	VARIES
THERAPEUTIC/TRAUMA	1 ST YEAR +	CORE: Teens	VIRTUAL	15
THERAPEUTIC/TRAUMA	1 ST YEAR +	Trauma Informed Behavior Management	CLASSROOM/VIRTUAL	3
THERAPEUTIC/TRAUMA	1 ST YEAR +	Trauma Informed Parenting Strategies (TIPS)	CLASSROOM/VIRTUAL	6
THERAPEUTIC/TRAUMA	1 ST YEAR +	Trauma Systems Therapy for Foster Care Annie E. Casey Foundation	CLASSROOM/VIRTUAL	12
THERAPEUTIC/TRAUMA	1 ST YEAR +	Youth Mental Health First Aid	CLASSROOM/VIRTUAL	8
THERAPEUTIC/TRAUMA	1 ST YEAR +	Therapeutic Behavior Management	CLASSROOM/VIRTUAL	8
THERAPEUTIC/TRAUMA	1 ST YEAR +	Together Facing the Challenge	CLASSROOM/VIRTUAL	17.5
THERAPEUTIC/TRAUMA	1 ST YEAR +	Trust Based Relational Intervention (TBRI) -Karyn Purvis Institute	CLASSROOM/VIRTUAL	VARIES
THERAPEUTIC/TRAUMA	1 ST YEAR +	People Places-Parent Skills	CLASSROOM/VIRTUAL	24
THERAPEUTIC	1 ST YEAR +	Safe Kids Training-Armatus	CLASSROOM/VIRTUAL	4
THERAPEUTIC/TRAUMA	1 ST YEAR +	NAMI Basics	EXTERNAL	15
THERAPEUTIC/TRAUMA	1 ST YEAR +	Infant Mental Health	EXTERNAL	1.5



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CATEGORY	YEAR	COURSE TITLE	DELIVERY	HOURS
THERAPEUTIC/TRAUMA	1 ST YEAR +	CORE: Teen Right Time Videos	ONLINE	1
THERAPEUTIC/TRAUMA	1 ST YEAR +	Any Approved Suicide Training (QPR, Be the One, Jason's Foundation, ASSIST and TSPN)	VARIES	VARIES
THERAPEUTIC/TRAUMA	1 ST YEAR +	Positive Parenting	VARIES	3
THERAPEUTIC/TRAUMA	1 ST YEAR +	De-Escalation Techniques	ONLINE	3
THERAPEUTIC/TRAUMA	1 ST YEAR +	Caring for the Child with Sexual Trauma	VARIES	3
THERAPEUTIC/TRAUMA	1 ST YEAR +	Autism Awareness Online and Approved Workshops	VARIES	VARIES
THERAPEUTIC/TRAUMA	1 ST YEAR +	Creating Loving Attachments with PACE	VARIES	VARIES
THERAPEUTIC/TRAUMA	1 ST YEAR +	Approved DIDD's Courses	VARIES	VARIES
THERAPEUTIC/TRAUMA	1 ST YEAR +	Approved Sensory Workshops	VARIES	VARIES



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COURSE TITLE	DELIVERY	YEAR	HOURS
<p>Approved computer-based trainings, live webinars, and podcasts not included in the lists above.</p> <ul style="list-style-type: none"> • Approved CBTs: https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html • DCS ,TBRI, and approved podcasts: https://www.tn.gov/dcs/program-areas/training/tpd/cw-resources/cwr/dcs-talks.html 	ONLINE	1 ST +	VARIES
<p>Approved training media: https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/media.html</p> <p>To receive credit for training media, parents must complete form CS-1000: https://stateoftennessee.formstack.com/forms/dcs_fp_elective</p> <p>Parents can receive credit ONCE for each title.</p>	BOOKS	3 RD YEAR +	2 MAX
	VIDEOS	3 RD YEAR +	1 MAX

With the exceptions of trainings listed above, training credit for external workshops and conferences are available only to parents who are in the third year of training and after. **External training for credit requires approval from the Office of Training and Professional Development prior to parents attending training.**

Parents must complete form **CS-1000** to receive credit: https://stateoftennessee.formstack.com/forms/dcs_fp_elective