



# Tennessee Department of Children's Services

## 16.9 ATTACHMENT: REQUIRED TRAINING CHART FOR FOSTER PARENTS

All foster parents must complete a minimum of 15 hours of training annually. Therapeutic foster parents must complete an additional 15 hours of training for a total of 30 hours of training annually.

Some courses are required of all foster parents, while others are required only of foster parents meeting certain requirements (e.g., kinship parents, caregivers of youth adjudicated delinquent, etc.). **All Foster Parents Must Complete At Least One Approved Trauma-Informed Training During the First Year of Approval.** Approved trauma trainings are identified in the following pages.

Use the following charts to identify trainings that fulfill requirements based on number of years fostering and special requirements based on individual needs of the children and caregivers.

Note that some trainings fulfill multiple requirements. Parents are not required to take these classes more than once unless otherwise noted or instructed by their caseworker.

**Parents will not receive credit more than once for the same training in a given fiscal year unless prior approval has been granted by the Office of Training and Professional Development.**

**All other training options must be approved by the Office of Training and Professional Development.**

**Included in this document:**

- 1. Required Training for All Foster Parents**
- 2. Trauma Requirement (all parents within the first year of approval)**
- 3. Elective Trainings**
- 4. Additional Training Options**
- 5. Requirements for Therapeutic Foster Care**



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### REQUIRED TRAINING

| CATEGORY                                    | YEAR                         | COURSE TITLE   | DELIVERY | HOURS |
|---|------------------------------|--|----------|-------|
| REQUIRED                                    | 1 <sup>ST</sup> YEAR         | Working with the Education System<br><b>Waiver requests for education professionals may be submitted to the Office of Training and Professional Development for review.</b>                                      | ONLINE   | 2     |
| REQUIRED                                    | 1 <sup>ST</sup> YEAR         | Creating Normalcy through Prudent Parenting  | VARIES   | 3     |
| REQUIRED                                    | 1 <sup>ST</sup> YEAR         | What to Know about Child Exploitation and Human Trafficking  | VARIES   | 2     |
| KINSHIP<br>REQUIRED                         | 1 <sup>ST</sup> YEAR         | Preserving Kinship Families<br><b>Required only for parents with a biological, adoptive, or other familial relationship with the custodial child(ren).</b>   | VARIES   | 3     |
| REQUIRED<br><b>biennial<br/>requirement</b> | <b>2<sup>ND</sup> YEAR +</b> | Medication Administration Refresher and Safe Sleep<br><b>Available in classroom or via live webinar.<br/>Required of all foster parents during the second year of fostering and every other year thereafter.</b> | VARIES   | 2     |
| REQUIRED<br><b>biennial<br/>requirement</b> | <b>2<sup>ND</sup> YEAR +</b> | CPR & First Aid<br><b>Required of all foster parents during the second year of fostering and every other year thereafter. Skills Demonstration must be in-person.</b>  | BLENDED  | 4     |
| SPECIALTY<br>REQUIRED                       | 1 <sup>ST</sup> YEAR +       | Parenting the Justice Involved Youth<br><b>Required of parents fostering youth adjudicated delinquent. Complete prior to placement.</b>  | ONLINE   | 3     |
| <b>*both<br/>trainings*</b>                 | 1 <sup>ST</sup> YEAR +       | Trauma Informed Parenting Strategies (TIPS)<br><b>Required within 90 days of placement of youth adjudicated delinquent.</b>  | VARIES   | 6     |
| SPECIALTY<br>REQUIRED                       | 1 <sup>ST</sup> YEAR +       | Working with Children Who Have Diabetes<br><b>Required within 24 hours of placement of the diabetic child.</b>   | ONLINE   | 1     |
| SPECIALTY<br>REQUIRED                       | 1 <sup>ST</sup> YEAR +       | Adoption and Guardianship Preparation<br><b>Available only to and required of DCS parents who meet the pre-requisites outlined in Policy 16.9 A.i.</b>   | VARIES   | 8     |



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### TRAUMA REQUIREMENT

**All parents must complete at least one trauma related training during the first year of fostering.** Parents may choose from the following courses to fulfill this requirement, or curriculum may be submitted to the Office of Training and Professional Development for review. Credit for external training will NOT be awarded without the approval of the Office of Training and Professional Development.

| CATEGORY            | YEAR                   | COURSE TITLE  | DELIVERY | HOURS  |
|---------------------|------------------------|---|----------|--------|
| TRAUMA              | 1 <sup>ST</sup> YEAR + | Building Strong Brains<br><b>Available in classroom (.5 to 3 hours) or via live webinar (2 hours).</b>  | VARIES   | VARIES |
| TRAUMA              | 1 <sup>ST</sup> YEAR + | Caring for Children Who Have Experienced Trauma (Resource Parent Curriculum)  | VARIES   | 16     |
| TRAUMA              | 1 <sup>ST</sup> YEAR + | Trauma Informed Parenting Strategies (TIPS)   | VARIES   | 6      |
| TRAUMA              | 1 <sup>ST</sup> YEAR + | Suicide Prevention (Question, Persuade, Refer)<br><b>Available in classroom or via live webinar.</b>  | VARIES   | 2      |
| TRAUMA              | 1 <sup>ST</sup> YEAR + | Trust-Based Relational Intervention (TBRI)-Karyn Purvis Institute of Child Development  | EXTERNAL | VARIES |
| TRAUMA              | 1 <sup>ST</sup> YEAR + | CORE: Teens   | VARIES   | 15     |
| TRAUMA              | 1 <sup>ST</sup> YEAR + | Positive Parenting  | VARIES   | 3      |
| TRAUMA              | 1 <sup>ST</sup> YEAR + | Youth Mental Health First Aid   | VARIES   | 8      |
| TRAUMA              | 1 <sup>ST</sup> YEAR + | Caring for the Child with Sexual Trauma   | VARIES   | 3      |
| TRAUMA/<br>ADOPTION | 1 <sup>ST</sup> YEAR + | Adoption and Guardianship Preparation<br><b>Available only to and required of DCS parents who meet the pre-requisites outlined in Policy 16.9 A, i.</b> | VARIES   | 8      |
| TRAUMA              | 1 <sup>ST</sup> YEAR + | Approved conference workshops   | VARIES   | VARIES |
| TRAUMA              | 1 <sup>ST</sup> YEAR + | See Therapeutic Training chart for additional courses   |          |        |



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### ELECTIVE TRAINING

Foster parents may choose courses from the list below to meet the remainder of their 15-hour annual training requirement. **Note the year indicated for approval for each training.**

| CATEGORY                 | YEAR                   | COURSE TITLE  | DELIVERY | HOURS    |
|--------------------------|------------------------|---|----------|----------|
| DCS                      | 1 <sup>ST</sup> YEAR + | Approved Now What<br>(Recommended within the first 90 days of placement)  | VARIES   | 2        |
| TRAUMA                   | 1 <sup>ST</sup> YEAR + | Building Strong Brains  | VARIES   | VARIES   |
| TRAUMA                   | 1 <sup>ST</sup> YEAR + | Caring for the Child with Sexual Trauma   | VARIES   | 3        |
| SAFETY                   | 1 <sup>ST</sup> YEAR + | Child Passenger Safety  | ONLINE   | 3        |
| DCS                      | 1 <sup>ST</sup> YEAR + | Connecting the Dots: What Every Foster Parent Should Know about CANS<br>(Recommended within the first 90 days of placement) | VARIES   | 3        |
| TRAUMA                   | 1 <sup>ST</sup> YEAR + | CORE: Teens   | VARIES   | 15       |
| FAMILY                   | 1 <sup>ST</sup> YEAR + | Couples Who Foster  | VARIES   | 2        |
| TEENS                    | 1 <sup>ST</sup> YEAR + | Creating Teachable Moments  | VARIES   | 3        |
| DISCIPLINE               | 1 <sup>ST</sup> YEAR + | De-escalation Techniques  | ONLINE   | 3        |
| DCS                      | 1 <sup>ST</sup> YEAR + | Edison Training for Foster Parents  | ONLINE   | 1        |
| TRAUMA                   | 1 <sup>ST</sup> YEAR + | Empowered to Connect: Trust-Based Relational Intervention   | VARIES   | UP TO 11 |
| TEENS                    | 1 <sup>ST</sup> YEAR + | Engaging and Parenting Teens 2.0  | VARIES   | 2        |
| FOSTER PARENTS           | 1 <sup>ST</sup> YEAR + | Foster Parent Bill of Rights  | VARIES   | 2        |
| TRANSITIONS/<br>NORMALCY | 1 <sup>ST</sup> YEAR + | Helping Children Make Transitions   | VARIES   | 3        |
| FAMILY/<br>PARENTING     | 1 <sup>ST</sup> YEAR + | Impact of Fostering on Birth Children   | VARIES   | 3        |



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|                          |                              |   |           |             |
|--------------------------|------------------------------|---|-----------|-------------|
| FAMILY/<br>PARENTING     | 1 <sup>ST</sup> YEAR +       | Kinship to Traditional Foster Care<br><b>Kinship parents transitioning to traditional homes only.</b> | ONLINE    | 3           |
| TRANSITIONS/<br>NORMALCY | 1 <sup>ST</sup> YEAR +       | Lifebook: My Story So Far   | CLASSROOM | 3           |
| TRANSITIONS/<br>NORMALCY | 1 <sup>ST</sup> YEAR +       | Loving and Letting Go   | VARIES    | 3           |
| MEDICAL                  | 1 <sup>ST</sup> YEAR +       | NAS or NAS/Safe Sleep<br><b>1 to 3 hours</b>  | VARIES    | VARIES      |
| TEENS<br>PARENTING       | 1 <sup>ST</sup> YEAR +       | Parenting LGBTQ+ Youth  | VARIES    | 6           |
| PARENTING                | 1 <sup>ST</sup> YEAR +       | Parenting Sibling Groups  | VARIES    | 1           |
| PARENTING                | 1 <sup>ST</sup> YEAR +       | Positive Parenting  | VARIES    | 3           |
| TEENS<br>PARENTING       | 1 <sup>ST</sup> YEAR +       | Preventing Teen Runaways and Truancy  | VARIES    | VARIES      |
| PARENTING                | 1 <sup>ST</sup> YEAR +       | Post-Approval Panel<br>(Recommended within the first 90 days of placement)                            | VARIES    | 2           |
| CULTURE                  | 1 <sup>ST</sup> YEAR +       | Poverty Simulation  | CLASSROOM | 4.5         |
| FOSTER<br>PARENTS        | <b>2<sup>ND</sup> YEAR +</b> | Resource Parent Mentorship Program<br><b>Presented by Tennessee Community Services Agency</b>         | VARIES    | 2           |
| PARENTING                | 1 <sup>ST</sup> YEAR +       | Right Time Video Series   | ONLINE    | 1 PER VIDEO |
| DCS                      | 1 <sup>ST</sup> YEAR +       | Safe Baby Courts  | VARIES    | 2           |
| FOSTER<br>PARENTS        | 1 <sup>ST</sup> YEAR +       | Self-Care<br><b>Online: 1 hour; Classroom: 2 hours</b>  | VARIES    | VARIES      |
| COMMUNITY<br>ISSUES      | 1 <sup>ST</sup> YEAR +       | Social Media and Cyber Safety   | VARIES    | 2           |
| PREVENTION               | 1 <sup>ST</sup> YEAR +       | Stewards of Children-Darkness to Light  | VARIES    | 2           |
| TRAUMA                   | 1 <sup>ST</sup> YEAR +       | Suicide Prevention (Question, Persuade, Refer)  | VARIES    | 2           |



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|                         |                        |  |                                |        |
|-------------------------|------------------------|--|--------------------------------|--------|
| TRAUMA                  | 1 <sup>ST</sup> YEAR + | Trust-Based Relational Intervention (TBRI)-Karyn Purvis Institute of Child Development   | EXTERNAL                       | VARIES |
| TRAUMA                  | 1 <sup>ST</sup> YEAR + | Trauma Informed Parenting Strategies (TIPS)  | VARIES                         | 6      |
| DCS                     | 1 <sup>ST</sup> YEAR + | TFACTS Training for Foster Parents   | ONLINE                         | 1      |
| FAMILY/<br>PARENTING    | 1 <sup>ST</sup> YEAR + | Working with Birth Parents and Visitation  | VARIES                         | 3      |
| TEENS                   | 1 <sup>ST</sup> YEAR + | Your Money, Your Goals   | VARIES                         | 3      |
| TRAUMA                  | 1 <sup>ST</sup> YEAR + | Youth Mental Health First Aid  | VARIES                         | 8      |
| ELECTIVE                | 1 <sup>ST</sup> YEAR + | Classroom, Live Webinar, or Online courses sponsored or approved by the Office of Training and Professional Development.   | VARIES                         | NO MAX |
| CULTURE                 | 1 <sup>ST</sup> YEAR + | Culture trainings approved by the Office of Training and Professional Development (classroom or online)  |                                |        |
| ELECTIVE                | 1 <sup>ST</sup> YEAR + | Local Foster Care Association Trainings  | VARIES                         | NO MAX |
| ELECTIVE                | 1 <sup>ST</sup> YEAR + | DCS Training, Central Office, Independent Living, or Agency Sponsored Training   | VARIES;                        | NO MAX |
| ELECTIVE                | 3 <sup>RD</sup> YEAR + | Approved Community Provider Training<br><b>To receive credit for community provider training, parents must complete form CS-1000:</b><br><a href="https://stateoftennessee.formstack.com/forms/dcs_fp_elective">https://stateoftennessee.formstack.com/forms/dcs_fp_elective</a> | VARIES;<br>INDIVIDUAL          | NO MAX |
| CONFERENCE<br>WORKSHOPS | 1 <sup>ST</sup> YEAR + | Annual Foster Parent Conference (DCS sponsored)<br><b>Parents attending the annual foster parent conference can receive up to 20 hours of training credit in both required and elective courses.</b>   | VARIES<br>GENERAL<br>SESSIONS; | 20 MAX |
| ELECTIVE                | 1 <sup>ST</sup> YEAR + | <b>OTPD Approved Live Webinars:</b> <a href="https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/calendars/fp-webinars.html">https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/calendars/fp-webinars.html</a>  | VIRTUAL                        | NO MAX |



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### ADDITIONAL REQUIREMENTS FOR THERAPEUTIC FOSTER CARE

All therapeutic foster homes are required to receive an additional 15 hours of post-approval therapeutic training annually (30 hours total). The training options listed below fulfill the **therapeutic training requirement**. Agencies can submit curriculum to the Office of Training and Professional Development (OTPD) for review and approval.

| CATEGORY           | YEAR                   | COURSE TITLE   | DELIVERY          | HOURS  |
|--------------------|------------------------|--|-------------------|--------|
| THERAPEUTIC        | 1 <sup>ST</sup> YEAR + | Therapeutic In-Home Coaching Models  | IN-PERSON/VIRTUAL | MAX 15 |
| THERAPEUTIC/TRAUMA | 1 <sup>ST</sup> YEAR + | NTI for CASE   | ONLINE            | 20     |
| THERAPEUTIC        | 1 <sup>ST</sup> YEAR + | Therapeutic Online Courses (Submit to OTPD)  | ONLINE            | 15     |
| THERAPEUTIC/TRAUMA | 1 <sup>ST</sup> YEAR + | ARC Reflections: Trauma Training for Foster Parents and Caregivers<br><b>Annie E. Casey Foundation</b> | CLASSROOM/VIRTUAL | 18     |
| THERAPEUTIC/TRAUMA | 1 <sup>ST</sup> YEAR + | Caring for Children Who Have Experienced Trauma (RPC)  | CLASSROOM/VIRTUAL | 16     |
| THERAPEUTIC/TRAUMA | 1 <sup>ST</sup> YEAR + | CORE: Teens  | VIRTUAL           | 15     |
| THERAPEUTIC/TRAUMA | 1 <sup>ST</sup> YEAR + | Trauma Informed Behavior Management  | CLASSROOM/VIRTUAL | 3      |
| THERAPEUTIC/TRAUMA | 1 <sup>ST</sup> YEAR + | Trauma Informed Parenting Strategies (TIPS)  | CLASSROOM/VIRTUAL | 6      |
| THERAPEUTIC/TRAUMA | 1 <sup>ST</sup> YEAR + | Trauma Systems Therapy for Foster Care<br><b>Annie E. Casey Foundation</b>                             | CLASSROOM/VIRTUAL | 12     |
| THERAPEUTIC/TRAUMA | 1 <sup>ST</sup> YEAR + | Youth Mental Health First Aid  | CLASSROOM/VIRTUAL | 8      |
| THERAPEUTIC/TRAUMA | 1 <sup>ST</sup> YEAR + | Therapeutic Behavior Management  | CLASSROOM/VIRTUAL | 8      |
| THERAPEUTIC/TRAUMA | 1 <sup>ST</sup> YEAR + | Together Facing the Challenge  | CLASSROOM/VIRTUAL | 15     |
| THERAPEUTIC/TRAUMA | 1 <sup>ST</sup> YEAR + | Trust Based Relational Intervention (TBRI) -Karyn Purvis Institute                                     | CLASSROOM/VIRTUAL | VARIES |
| THERAPEUTIC/TRAUMA | 1 <sup>ST</sup> YEAR + | People Places-Parent Skills  | CLASSROOM/VIRTUAL | 24     |
| THERAPEUTIC        | 1 <sup>ST</sup> YEAR + | Safe Kids Training-Armatus   | CLASSROOM/VIRTUAL | 4      |



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### ADDITIONAL TRAINING OPTIONS

| COURSE TITLE  | DELIVERY       | YEAR                                    | HOURS  |
|---|----------------|---|--------|
| <p>Approved computer-based trainings, live webinars, and podcasts <b>not</b> included in the lists above.</p> <ul style="list-style-type: none"> <li>• <b>Approved CBTs:</b> <a href="https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html">https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html</a></li> <li>• <b>DCS podcasts:</b> <a href="https://www.tn.gov/dcs/program-areas/training/tpd/cw-resources/cwr/dcs-talks.html">https://www.tn.gov/dcs/program-areas/training/tpd/cw-resources/cwr/dcs-talks.html</a><br/><a href="https://www.tn.gov/dcs/program-areas/training/tpd/cw-resources/cwr/dcs-talks.html">https://www.tn.gov/dcs/program-areas/training/tpd/cw-resources/cwr/dcs-talks.html</a></li> </ul> | ONLINE         | 1 <sup>ST</sup> OR 2 <sup>ND</sup> YEAR | 4 MAX  |
| <p>Approved training media: <a href="https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/media.html">https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/media.html</a></p> <p>To receive credit for training media, parents must complete form CS-1000: <a href="https://stateoftennessee.formstack.com/forms/dcs_fp_elective">https://stateoftennessee.formstack.com/forms/dcs_fp_elective</a></p> <p>Parents can receive credit <b>ONCE</b> for each title.</p>  | BOOKS          | 3 <sup>RD</sup> YEAR +                  | 2 MAX  |
| <p>Foster parents are allowed to rollover up to 10 training hours to the following year after the annual 15-hour requirement has been met.</p>  | VIDEOS         | 3 <sup>RD</sup> YEAR +                  | 1 MAX  |
|   | ROLLOVER HOURS | 2 <sup>ND</sup> YEAR +                  | 10 MAX |

With the exceptions of trainings listed above, training credit for external workshops and conferences are available only to parents who are in the third year of training and after. **External training for credit requires approval from the Office of Training and Professional Development prior to parents attending training.**

Parents must complete form CS-1000 to receive credit: [https://stateoftennessee.formstack.com/forms/dcs\\_fp\\_elective](https://stateoftennessee.formstack.com/forms/dcs_fp_elective)