

16.9 ATT: REQUIRED IN-SERVICE TRAINING CHART-FOSTER PARENTS

All foster parents must complete at least 15 hours of training annually. Therapeutic foster parents must complete an additional 15 hours of training for a total of 30 hours of training annually.

Some courses are required of all foster parents, while others are required only of foster parents meeting certain requirements (e.g., kinship parents, caregivers of youth adjudicated delinquent, etc.). **All Foster Parents Must Complete At Least One Approved Trauma-Informed Training During The First Year Of Approval.** Approved trauma trainings are identified in the following pages.

Use the following charts to identify trainings that fulfill requirements based on number of years fostering and special requirements based on individual needs of the children and caregivers.

Note that some trainings fulfill multiple requirements. Parents are not required to take these classes more than once unless otherwise noted or instructed by their caseworker.

Parents will not be awarded credit more than once for the same training in a given fiscal year unless prior approval has been granted by the Office of Training and Professional Development.

All other training options must be approved by the Office of Training and Professional Development.

Included in this document:

- 1. Required Training for All Foster Parents**
- 2. Trauma Requirement (all parents within the first year of approval)**
- 3. Elective Trainings**
- 4. Additional Training Options**
- 5. Requirements for Therapeutic Foster Care**

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REQUIRED TRAINING

CATEGORY	YEAR	COURSE TITLE	DELIVERY	HOURS
REQUIRED	1 ST YEAR	Working with the Education System Waiver requests for education professionals may be submitted to the Office of Training and Professional Development for review.	ONLINE	2
REQUIRED	1 ST YEAR	Creating Normalcy through Prudent Parenting	CLASSROOM	3
REQUIRED	1 ST YEAR	What to Know about Child Exploitation and Human Trafficking	CLASSROOM	2
KINSHIP REQUIRED	1 ST YEAR	Preserving Kinship Families Required only for parents with a biological, adoptive, or other familial relationship with the custodial child(ren).	CLASSROOM	3
REQUIRED biennial requirement	2 ND YEAR +	Medication Administration Refresher and Safe Sleep Available in classroom or via live webinar. Required of all foster parents during the second year of fostering and every other year thereafter.	VARIES	2
REQUIRED biennial requirement	2 ND YEAR +	CPR & First Aid Required of all foster parents during the second year of fostering and every other year thereafter.	CLASSROOM	4
SPECIALTY REQUIRED	1 ST YEAR +	Parenting the Justice Involved Youth Required of parents fostering youth adjudicated delinquent. Complete prior to placement.	ONLINE	3
both trainings	1 ST YEAR +	Trauma Informed Parenting Strategies (TIPS) Required within 90 days of placement of youth adjudicated delinquent.	CLASSROOM	6
SPECIALTY REQUIRED	1 ST YEAR +	Working with Children Who Have Diabetes Required within 24 hours of placement of the diabetic child.	ONLINE	1
SPECIALTY REQUIRED	1 ST YEAR +	Adoption and Guardianship Preparation Available only to and required of DCS parents who meet the pre-requisites outlined in Policy 16.9 A.i.	CLASSROOM	8

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TRAUMA REQUIREMENT

All parents must complete at least one trauma related training during the first year of fostering. Parents may choose from the following courses to fulfill this requirement, or curriculum may be submitted to the Office of Training and Professional Development for review. Credit for external training will NOT be awarded without the approval of the Office of Training and Professional Development.

CATEGORY	YEAR	COURSE TITLE	DELIVERY	HOURS
TRAUMA	1 ST YEAR +	Building Strong Brains Available in classroom (.5 to 3 hours) or via live webinar (2 hours).	VARIES	VARIES
TRAUMA	1 ST YEAR +	Caring for Children Who Have Experienced Trauma (Resource Parent Curriculum)	CLASSROOM	16
TRAUMA	1 ST YEAR +	Trauma Informed Parenting Strategies (TIPS)	CLASSROOM	6
TRAUMA	1 ST YEAR +	Suicide Prevention (Question, Persuade, Refer) Available in classroom or via live webinar.	VARIES	2
TRAUMA	1 ST YEAR +	Empowered to Connect: Trust-Based Relational Intervention Up to 11 hours	EXTERNAL	VARIES
TRAUMA	1 ST YEAR +	CORE: Teens 15 hours of classroom training; 3 hours online	BLENDED	18
TRAUMA	1 ST YEAR +	Positive Parenting	CLASSROOM	3
TRAUMA	1 ST YEAR +	Youth Mental Health First Aid	CLASSROOM	8
TRAUMA	1 ST YEAR +	Caring for the Child with Sexual Trauma	CLASSROOM	3
TRAUMA/ ADOPTION	1 ST YEAR +	Adoption and Guardianship Preparation Available only to and required of DCS parents who meet the pre-requisites outlined in Policy 16.9 A.i.	CLASSROOM	8
TRAUMA	1 ST YEAR +	Approved conference workshops	CLASSROOM	VARIES
TRAUMA	1 ST YEAR +	Therapeutic agencies may submit curriculum substitutions to the Office of Training and Professional Development for review and approval.		

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ELECTIVE TRAINING

Foster parents may choose courses from the list below to meet the remainder of their 15-hour annual training requirement. **Note the year indicated for approval for each training.**

CATEGORY	YEAR	COURSE TITLE	DELIVERY	HOURS
SAFETY	1 ST YEAR +	Child Passenger Safety	ONLINE	3
TEENS	1 ST YEAR +	Creating Teachable Moments	CLASSROOM	3
DISCIPLINE	1 ST YEAR +	De-escalation Techniques	ONLINE	3
DCS	1 ST YEAR +	Edison Training for Foster Parents	ONLINE	1
TEENS	1 ST YEAR +	Engaging and Parenting Teens	CLASSROOM	2
FOSTER PARENTS	1 ST YEAR +	Foster Parent Bill of Rights	VARIES	2
TRANSITIONS/ NORMALCY	1 ST YEAR +	Helping Children Make Transitions	CLASSROOM	3
FAMILY/ PARENTING	1 ST YEAR +	Impact of Fostering on Birth Children	CLASSROOM	3
SUPPORT	1 ST YEAR +	KEEP: Keeping Foster and Kinship Parents Trained and Supported	CLASSROOM	24
SUPPORT	2 ND YEAR +	KEEP Booster For parents previously completing KEEP.	CLASSROOM	12
FAMILY/ PARENTING	1 ST YEAR +	Kinship to Traditional Foster Care Kinship parents transitioning to traditional homes only.	ONLINE	3
TRANSITIONS/ NORMALCY	1 ST YEAR +	Lifebook: My Story So Far	CLASSROOM	3
TRANSITIONS/ NORMALCY	1 ST YEAR +	Loving and Letting Go	CLASSROOM	3
MEDICAL	1 ST YEAR +	NAS or NAS/Safe Sleep 1 to 3 hours	CLASSROOM	VARIES
TEENS	1 ST YEAR +	Preventing Teen Runaways and Truancy	ONLINE	2
	1 ST YEAR +	Post-Approval Panel	CLASSROOM	2
CULTURE	1 ST YEAR +	Poverty Simulation	CLASSROOM	4.5
FOSTER PARENTS	2 ND YEAR +	Resource Parent Mentorship Program Presented by Tennessee Community Services Agency	VARIES	2
DCS	1 ST YEAR +	Safe Baby Courts	ONLINE	2
FOSTER PARENTS	1 ST YEAR +	Self-Care Online: 1 hour; Classroom: 2 hours	VARIES	VARIES
COMMUNITY ISSUES	1 ST YEAR +	Social Media and Cyber Safety	CLASSROOM	2

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ELECTIVE TRAINING (continued)

CATEGORY	YEAR	COURSE TITLE	DELIVERY	HOURS
PREVENTION	1 ST YEAR +	Stewards of Children	CLASSROOM	2
DCS	1 ST YEAR +	TFACTS Training for Foster Parents	ONLINE	1
FAMILY/ PARENTING	1 ST YEAR +	Working with Birth Parents and Visitation	CLASSROOM	3
TEENS	1 ST YEAR +	Your Money, Your Goals	CLASSROOM	3
ELECTIVE	1 ST YEAR +	Classroom trainings delivered by the Office of Training and Professional Development.	CLASSROOM	NO MAX
CULTURE	1 ST YEAR +	Culture trainings approved by the Office of Training and Professional Development (classroom or online)		
ELECTIVE	1 ST YEAR +	Local Foster Care Association Trainings	CLASSROOM	NO MAX
ELECTIVE	1 ST YEAR +	DCS Training, Central Office, Independent Living, or Agency Sponsored Training	CLASSROOM; INDIVIDUAL	NO MAX
ELECTIVE	3RD YEAR +	Approved Community Provider Training To receive credit for community provider training, parents must complete form CS-1000: https://stateoftennessee.formstack.com/forms/dcs_fp_elective	CLASSROOM; INDIVIDUAL	NO MAX
CONFERENCE WORKSHOPS	1 ST YEAR +	Annual Foster Parent Conference (DCS sponsored) Parents attending the annual foster parent conference can receive up to 20 hours of training credit in both required and elective courses.	CLASSROOM; GENERAL SESSIONS	20 MAX

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ADDITIONAL TRAINING OPTIONS

COURSE TITLE	DELIVERY	YEAR	HOURS
Approved computer based trainings, live webinars, and podcasts not included in the lists above.	ONLINE	1 ST OR 2 ND YEAR	4 MAX
<ul style="list-style-type: none"> Approved CBTs: https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html Live webinars: https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/calendars/fp-webinars.html DCS podcasts: https://www.tn.gov/dcs/program-areas/training/tpd/cw-resources/cwr/dcs-talks.html 		3 RD YEAR +	7 MAX
Approved training media: https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/media.html	BOOKS	3 RD YEAR +	2 MAX
To receive credit for training media, parents must complete form CS-1000: https://stateoftennessee.formstack.com/forms/dcs_fp_elective Parents can receive credit ONCE for each title.	VIDEOS	3 RD YEAR +	1 MAX
Foster parents are allowed to rollover up to 10 training hours to the following year after the annual 15-hour requirement has been met.	ROLLOVER HOURS	2 ND YEAR +	10 MAX

With the exceptions of trainings listed above, training credit for external workshops and conferences are available only to parents who are in the third year of training and after.

External training for credit requires approval from the Office of Training and Professional Development prior to parents attending training.

Parents must complete form CS-1000 to receive credit:

https://stateoftennessee.formstack.com/forms/dcs_fp_elective

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ADDITIONAL REQUIREMENTS FOR THERAPEUTIC FOSTER CARE

All therapeutic foster homes are required to receive an additional 15 hours of post-approval training annually (30 hours total). The trainings listed below fulfill the **therapeutic training requirement**. Therapeutic agencies may submit curriculum substitutions to the Office of Training and Professional Development for review and approval.

CATEGORY	YEAR	COURSE TITLE	DELIVERY	HOURS
THERAPEUTIC/ TRAUMA	1 ST YEAR +	ARC Reflections: Trauma Training for Foster Parents and Caregivers Annie E. Casey Foundation	CLASSROOM	18
THERAPEUTIC/ TRAUMA	1 ST YEAR +	Caring for Children Who Have Experienced Trauma (RPC)	CLASSROOM	16
THERAPEUTIC/ TRAUMA	1 ST YEAR +	CORE: Teens	BLENDED	18
THERAPEUTIC/ TRAUMA	1 ST YEAR +	Trauma Informed Behavior Management	CLASSROOM	3
THERAPEUTIC/ TRAUMA	1 ST YEAR +	Trauma Informed Parenting Strategies (TIPS)	CLASSROOM	6
THERAPEUTIC/ TRAUMA	1 ST YEAR +	Trauma Systems Therapy for Foster Care Annie E. Casey Foundation	CLASSROOM	12
THERAPEUTIC/ TRAUMA	1 ST YEAR +	Youth Mental Health First Aid	CLASSROOM	8